























## TRT Medication Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Testosterone alone weekly							
Testosterone alone bi-weekly							
Testosterone with Anastrozole weekly					 		
Testosterone with Anastrozole bi-weekly		 			 		
Testosterone with HCG weekly			★	★			
Testosterone HCG bi-weekly weekly	★			★			
Testosterone, Anastrozole and HCG weekly			★	★	 		
Testosterone Anastrozole and HCG bi-weekly	★	 		★	 		

Key:

Testosterone dose = 

Anastrozole dose = 

HCG dose = ★